

## LUNCH

### *Soup & Salads*

Soup of the Day

Chicken

(Cup \$2, bowl \$4)

#### **Shrimp Salad - \$14**

Sauteed shrimp tossed with sweet pepper, onion, tomato in a spicy mayonnaise on a bed of lettuce.

#### **Garden Salad - \$11**

Fresh Lettuce Topped with tomato, carrot, cucumber, served with dressing on the side.

#### **Fresh Caught Tuna Salad (seasonal) - \$8**

Shredded & diced vegetables coated in lemony caper dressing, topped with chunks of tuna.

(Salad dressings: Balsamic Vinaigrette, Blue Cheese, Dad's Homemade Caesar, Italian, Ranch, Raspberry Vinaigrette, Thousand Island)

### *Sandwiches, Panini, & Wraps*

#### **Shrimp Roll - \$20**

Chunks of shrimp, tomatoes, parsley & onion in garlicky herbed mayo in a toasted homemade bun.

#### **Grilled Ham & Cheese Sandwich - \$12**

Sliced smoked ham with melted cheese, tomatoes, onion.

#### **Crispy Chicken Sandwich - \$13**

Breaded chicken breast with cheese, lettuce, onion, tomato with choice of Sweet Chili, BBQ, Mayo or Jerk Sauce.

#### **Club Sandwich - \$13**

Toasted bread layered with sliced chicken, crispy bacon, egg, lettuce, tomato, onion, finished with a spread of mayo.

#### **Fried Fish Sandwich - \$15**

Breaded fish filet with fresh lettuce, juicy tomato, onion, finished with buttery lemon sauce.

#### **Blue Skies BLT - \$13**

Oodles of crispy smoked bacon strips with onion rings, lettuce & tomato, with Pesto sauce, BBQ, or mayo on the side.

#### **Grilled Cheese Sandwich - \$10**

Melted cheese with tomatoes, onion, & bell peppers, grilled to perfection.

### **Panini - \$15**

Choice of: Grilled Vegetables, Chicken or Ham with cheddar cheese and mayo.

### **Jerk Chicken Wrap - \$12**

A tortilla filled with jerk chicken, pepper, onion, tomatoes, lettuce and spicy mayo.

### **Fish Wrap - \$15**

A tortilla filled with fish (grilled or fried), bell peppers, onion, tomatoes, lettuce and tartar sauce.

### **Veggie Wrap - \$13**

Local veggies including carrots, sweet pepper, tomatoes, onions with spicy mayo

*(Sandwiches, panini and wraps are served with seasoned home cut fries, potato wedges, or onion rings)*

### **Tacos**

Shrimp \$12.00

Veggie \$10.00

Chicken \$10.00

*(Tacos are served with fresh cut corn tortilla chips)*

### **Wings & Fries - \$15**

Let's just wing it - Buffalo, Jerk, BBQ, Sweet Chili, Teriyaki, Hot nu raas!!!

Served with a portion of home cut seasoned french fries.

### **Pizzas & Quesadillas**

Cheese pizza - \$13

Pepperoni Pizza - \$15

Pineapple & Ham - \$15

Rasta Pizza (veggie) - \$19

*(Pizzas are 12". Additional toppings \$1)*

Veggie Quesadilla - \$12

Grilled Chicken Quesadilla - \$15

*(additional toppings \$1)*

### **Burger, Burger, Burger**

Hamburger - \$14

Cheeseburger - \$16

Bacon, Blue Cheeseburger - \$18

Veggie Burger - \$12

*(Burgers are served with seasoned home cut fries. Additional serving of fries - \$2)*

*Stewed & steamed, grilled & garnished,  
curried & cooled, fried & tried*

**Fried Chicken - \$12**

Crumbled fried golden crispy chicken, crispy and moist to perfection.

**Barbeque Chicken - \$14**

¼ of a chicken in our special seasoning and slow roasted and brushed with barbeque sauce then re-baked to seal in the sauce.

**Jerk Chicken - \$14**

Marinated in our special jerk seasoning and slow roasted. Sauce served on the side.

**Curried Chicken - \$16**

Marinated to the bone in spicy Indian curry and slow cooked to perfection.

**Sweet & Sour Chicken - \$18**

Chunks of chicken breast seasoned and fried then tossed in our sweet and sour sauce, with chunks of pineapple, onion and sweet peppers.

**Jerk Pork - \$25**

Pork marinated in our special jerk seasoning and slow roasted, jerk sauce served on the side.

**Curried Goat - \$25**

Seasoned in curry, a blend of spices and diced Irish potatoes then slow cooked until tender and juicy.

**Oxtail - \$35**

Succulent pieces of oxtail slow cooked in a blend of herbs and spices and broad beans, deliciously rich in flavor.

*(Served with home cut fries, potato wedges, white rice, or rice & peas)*

*Sweet tooth*

Ask about a desert of the day!

Homemade Ice cream - \$5.00

Cheesecake - \$5.99

Oreo Cookies & Vanilla Ice Cream - \$5.99

Key Lime Pie - \$5.00

All prices are quoted in US\$. GCT 15%+10% gratuity+4% credit or debit card charge not included in above prices.